

An all-scale exploration of alternative theories of gravity

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General Outline

- · ★ Beyond GR: motivation and pitfalls
- ◆ Alternative theories of gravity: theory and phenomenology
- Testing gravity with compact objects



Alternative theories of gravity: theory and phenomenology

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General Relativity

The action for general relativity is

$$S = \frac{1}{16\pi G} \int \mathrm{d}^4 x \sqrt{-g} \left(R - 2\Lambda \right) + S_m(g^{\mu\nu}, \psi)$$

- \cdot \cdot $\cdot S_m$ has to match the standard model in the local frame and minimal coupling with the metric is required by the equivalence principle.
- Gravitational action is uniquely determined thanks to:
 - 1. Diffeomorphism invariance
 - 2. Requirement to have second order equations
 - 3. Requirement to have 4 dimensions
 - 4. Requirement to have no other fields



Scalar-tensor theory

The action for scalar-tensor theory is

$$S_{\rm ST} = \int d^4x \sqrt{-g} \Big(\varphi R - \frac{\omega(\varphi)}{\varphi} \nabla^{\mu} \varphi \nabla_{\mu} \varphi - V(\varphi) + L_m(g_{\mu\nu}, \psi)\Big)$$

- ✤ Makes sense as an EFT for a scalar coupled nonminimally to gravity
- ★ The generalization $ω_0 → ω(φ)$ does not really solve the problem with the range of the force.
- If the mass of the scalar is large then no large scale phenomenology
- There are interesting theories with large or zero mass though.



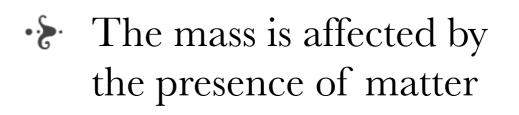
Chameleons

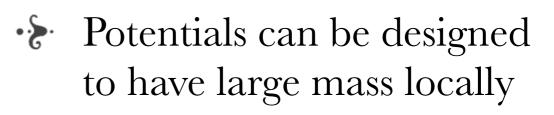
The scalar field satisfies the following equation

Sun

$$(2\omega+3)\Box\varphi = -\omega'(\nabla\varphi)^2 + \varphi V' - 2V + T$$

 φ is sourced by matter





Strong influence by the boundary conditions

J. Khoury and A. Weltman, Phys. Rev. Lett. 93, 171104 (2004)



Einstein frame

Under a conformal transformation and a scalar field redefinition

$$g_{\mu\nu} = A^2(\phi)\tilde{g}_{\mu\nu} \qquad \phi = \phi[\varphi]$$

the action of scalar tensor theory becomes

$$S_{\rm ST} = \int d^4x \sqrt{-\tilde{g}} \Big(\tilde{R} - \frac{1}{2} \tilde{\nabla}^{\mu} \phi \tilde{\nabla}_{\mu} \phi - U(\phi) + L_m(g_{\mu\nu}, \psi) \Big)$$

and the equation of motion for ϕ is

$$\tilde{\Box}\phi - U'(\phi) + A^3(\phi)A'(\phi)T = 0$$

so there is an effective potential

$$U_{\text{eff}} \equiv U(\phi) - A^4(\phi)T/4$$



Symmetrons

In spherical symmetry

$$\frac{d^2}{dr^2}\phi + \frac{2}{r}\frac{d}{dr}\phi = U' + A^3A'\rho$$

Assume that

$$U(\phi) = -\frac{1}{2}\mu^2 \phi^2 + \frac{1}{4}\lambda \phi^4 \qquad A(\phi) = 1 + \frac{1}{2M^2}\phi^2$$

Then the effective potential is

$$U_{\rm eff} = \frac{1}{2} \left(\frac{\rho A^3}{M^2} - \mu^2 \right) \phi^2 + \frac{1}{4} \lambda \phi^4$$

- Spontaneous symmetry breaking when $\rho = 0$
- Vanishing VEV when $\rho A^3 > M^2 \mu^2$

K. Hinterbichler and J. Khoury, Phys. Rev. Lett. 104, 231301 (2010)



Generalized Galileons

One can actually have terms in the action with more than 2 derivatives and still have second order equations:

$$\delta((\partial\phi)^2\Box\phi) = 2[(\partial^{\mu}\partial^{\nu}\phi)(\partial_{\mu}\partial_{\nu}\phi) - (\Box\phi)^2]\delta\phi$$

• Inspired by galileons: scalar that enjoy galilean symmetry

- ★ Most general action given by Horndeski in 1974!
- It includes well-know terms, such as

 $(\nabla_{\mu}\phi)(\nabla_{\nu}\phi)G^{\mu\nu} \qquad \phi \left(R^{\alpha\beta\mu\nu}R_{\alpha\beta\mu\nu} - 4R^{\mu\nu}R_{\mu\nu} + R^2\right)$

 The new terms are highly non-linear and can lead to Vainshtein screening

A. Nicolis, R. Rattazzi and E. Trincherini, Phys. Rev. D 79, 064036 (2009) G. W. Horndeski, Int. J. Theor. Phys. 10, 363 (1974)



Ostrogradksi instability

$$L = L(q, \dot{q}, \ddot{q}) \quad \rightarrow \quad \frac{\partial L}{\partial q} - \frac{d}{dt} \frac{\partial L}{\partial \dot{q}} + \frac{d^2}{dt^2} \frac{\partial L}{\partial \ddot{q}} = 0$$

· Four pieces of initial data, four canonical coordinates

$$Q_1 = q, \quad P_1 = \frac{\partial L}{\partial \dot{q}} - \frac{d}{dt} \frac{\partial L}{\partial \ddot{q}}; \quad Q_2 = \dot{q}, \quad P_2 = \frac{\partial L}{\partial \ddot{q}}$$

The corresponding hamiltonian is

$$H = P_1 Q_2 + P_2 \ddot{q} + L(Q_1, Q_2, \ddot{q}) \qquad \ddot{q} = \ddot{q}(Q_1, Q_2, P_2)$$

• Linear in P_1

 \cdot Unbound from below



f(R) gravity as an exception

$$S = \int d^4x \sqrt{-g} f(R)$$

can be written as

$$S = \int d^4x \sqrt{-g} \left[f(\phi) + \varphi(R - \phi) \right]$$

Variation with respect to ϕ yields

 $\varphi = f'(\phi)$

One can then write

$$S = \int d^4x \sqrt{-g} \left[\varphi R - V(\varphi)\right] \qquad V(\varphi) = f(\phi) - f'(\phi)\phi$$

Brans-Dicke theory with $\omega_0 = 0$ and a potential



Symmetries and fields

Consider the equation (in flat spacetime)

 $\Box^{\rm flat}\phi=0$

and the set of equations

$$\Box \phi = 0 \qquad R_{\mu\nu\kappa\lambda} = 0$$

 \cdot The first equation is invariant only for inertial observers

 \cdot The second set is observer independent

However,

$$R_{\mu\nu\kappa\lambda} = 0 \quad \Rightarrow \quad g_{\mu\nu} = \eta_{\mu\nu}$$

All solutions for the new field break the symmetry!



Einstein-aether theory

The action of the theory is

$$S_{\mathfrak{X}} = \frac{1}{16\pi G_{\mathfrak{X}}} \int d^4x \sqrt{-g} (-R - M^{\alpha\beta\mu\nu} \nabla_{\alpha} u_{\mu} \nabla_{\beta} u_{\nu})$$

where

$$M^{\alpha\beta\mu\nu} = c_1 g^{\alpha\beta} g^{\mu\nu} + c_2 g^{\alpha\mu} g^{\beta\nu} + c_3 g^{\alpha\nu} g^{\beta\mu} + c_4 u^{\alpha} u^{\beta} g_{\mu\nu}$$

and the aether is implicitly assumed to satisfy the constraint

$$u^{\mu}u_{\mu} = 1$$

 ✤ Most general theory with a unit timelike vector field which is second order in derivatives

T. Jacobson and D. Mattingly, Phys. Rev. D 64, 024028 (2001).



- Hypersurface orthogonality

Now assume

$$u_{\alpha} = \frac{\partial_{\alpha} T}{\sqrt{g^{\mu\nu} \partial_{\mu} T \partial_{\nu} T}}$$

and choose T as the time coordinate

$$u_{\alpha} = \delta_{\alpha T} (g^{TT})^{-1/2} = N \delta_{\alpha T}$$

Replacing in the action and defining one gets

$$S_{x}^{ho} = \frac{1}{16\pi G_{H}} \int dT d^{3}x N \sqrt{h} \left(K_{ij} K^{ij} - \lambda K^{2} + \xi^{(3)} R + \eta a^{i} a_{i} \right)$$

with $a_i = \partial_i \ln N$ and the parameter correspondence

$$\frac{G_H}{G_{\text{e}}} = \xi = \frac{1}{1 - c_{13}} \qquad \lambda = \frac{1 + c_2}{1 - c_{13}} \qquad \eta = \frac{c_{14}}{1 - c_{13}}$$
T. Jacobson, Phys. Rev. D 81, 101502 (2010).

Thomas P. Sotiriou - Rio de Janeiro, Brasil, April 30th 2013



Horava-Lifshitz gravity

The action of the theory is

$$S_{HL} = \frac{1}{16\pi G_H} \int dT d^3 x \, N \sqrt{h} \left(L_2 + \frac{1}{M_\star^2} L_4 + \frac{1}{M_\star^4} L_6 \right)$$

where

$$L_2 = K_{ij}K^{ij} - \lambda K^2 + \xi^{(3)}R + \eta a_i a^i$$

- L_4 : contains all 4th order terms constructed with the induced metric h_{ij} and a_i
- L_6 : contains all 6th order terms constructed in the same way

P. Hořava, Phys. Rev. D 79, 084008 (2009) D. Blas, O. Pujolas and S. Sibiryakov, Phys. Rev. Let. 104, 181302 (2010) T.P.S., J. Phys. Conf. Ser. 283, 012034 (2011), arXiv:1010.3218 [hep-th]



- Horava-Lifshitz gravity

- Higher order terms contain higher order spatial derivatives: higher order dispersion relations!
- They modify the propagator and render the theory power-counting renormalizable
- All terms consistent with the symmetries will be generated by radiative corrections
- \cdot This version of the theory is viable so far
- * "Low energy limit" is h.o. Einstein-aether theory!



Covariance and fine tuning

Equivalence restricted to low energy action, but extendible

- Construct the most general action for ae-theory at a given order
- Lower order equivalence gives you the prescription of how to introduce the preferred foliation
- Go to the next order, identify the terms that match, set the rest of the couplings to zero/desired value
- Effectively, one can "covariantize" Horava gravity

But seen as a covariant theory, it would look severely fine tuned!

T. P. Sotiriou, M. Visser and S. Weinfurtner, Phys. Rev. D 83, 124021 (2011)



Constraints

 $\bullet \hspace{-1.5cm} \blacktriangleright \hspace{-1.5cm} Classical \ stability \ and \ positivity \ of \ energy \ (no \ ghosts)$

$$\lambda < \frac{1}{3} \quad \lor \quad \lambda > 1 \,, \qquad \qquad 2\xi > \eta > 0$$

✤ Avoidance of vacuum Cherenkov radiation by matter

 \implies superluminal excitations in gravity sector

Agreement with Solar system experiments (vanishing preferred frame parameters)

$$\alpha_1 = \alpha_1(\lambda, \xi, \eta) < 10^{-4}, \qquad \alpha_2 = \alpha_1(\lambda, \xi, \eta) < 10^{-7}$$

D. Blas, O. Pujolas and S. Sibiryakov, JHEP 1104, 018 (2011)



Strong coupling

The low energy action exhibits strong coupling at energy

$$M_{\rm sc} = f(|\lambda - 1|, \eta) M_{\rm pl}$$

Can be a large energy scale, but problem with renormalizability!

A. Papazoglou and T. P. S., Phys. Lett. B 685, 197 (2010) I. Kimpton and A. Padilla, JHEP 1007, 014 (2010)

Strong coupling problem can be circumvented if

 $M_{\rm sc} > M_{\star}$

D. Blas, O. Pujolas and S. Sibiryakov, Phys.Lett. B 688, 350 (2010)

But then potential tension with observations!

 $10^{16} \mathrm{GeV} > M_{\star} > M_{\mathrm{obs}}$

A. Papazoglou and T. P. Sotiriou, Phys. Lett. B 685, 197 (2010)



Percolation of LV-

But what about the matter sector and lower order operators?

• Different speeds for different fields in the IR, with logarithmic running!

R. Iengo, J. G. Russo and M. Serone, JHEP 0911, 020 (2009)

Possible ways out:

Some extra symmetry, e.g. supersymmetry

S. Groot Nibbelink and M. Pospelov, Phys. Rev. Lett. 94, 081601 (2005)

 Assume Lorentz symmetry in matter and let the weak coupling to gravity (the Lorentz-violating sector) do the rest

M. Pospelov and Y. Shang, Phys. Rev. D 85, 105001 (2012)



Hierarchy of scales

Consider the dispersion relation

$$E^{2} = m^{2} + p^{2} + \eta_{4} \frac{p^{4}}{M_{LV}^{2}} + \mathcal{O}(\frac{p^{6}}{M_{LV}^{4}})$$

Assume that there is a universal LV scale, so

 $M_{LV} \sim M_{\star}$

Constraint from synchrotron radiation from the Crab Nebula:

 $M_{\rm obs} > 2 \times 10^{16} {\rm GeV}$

 M_{\star} cannot be a universal scale!

S. Liberati, L. Maccione and T. P. S., Phys. Rev. Lett. 109, 151602 (2012)

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- Higher order equation means extra degrees of freedom
- Eess symmetry means extra degrees of freedom
- There are innovative ways to hide these degrees of freedom (at least for scalars)
- It is hard to guess fundamental symmetries from an effective theory!
- Combined constraints can be very, very efficient!